

Information Regarding Dilating Eye Drops

Dilating drops are used to dilate or enlarge the pupil of the eye to allow the ophthalmologist to get a better view of the inside of your eye and assess your eye health.

Dilating drops frequently blur vision for a length of time which varies from person to person and may make bright lights bothersome. The dilation usually lasts 4–6 hours, but can last up to 24–36 hours, and last longer for those with lighter eyes. It is not possible for your ophthalmologist to predict how much of your vision will be affected.

Some people find driving difficult immediately after an examination and choose to bring a driver. Others choose to drive themselves using the dark sunglasses provided by us. If you have concerns about driving after your dilation, and do not have a driver with you, we can reschedule your appointment.

Adverse reaction, such as acute angleclosure glaucoma, may be triggered from the dilating drops. This is extremely rare and treatable with immediate medical attention.

I hereby authorize Eye Associates of Central Texas to administer dilating eye drops. The eye drops are necessary to diagnose my condition.

Patient Signature

Date (MM/DD/YYYY)

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